CLEAR STEPS RECOVERY

Referral sheet for discharge planners and case managers

Outpatient addiction treatment in Londonderry, New Hampshire

Step-down care for adults leaving a hospital, a detox or a residential program. New Hampshire Medicaid is accepted.

To refer a patient, call

(603) 769-8981

Answered 24 hours a day, 7 days a week.
You or your patient can call, before discharge.

1 Call
A first name, a callback number and the insurance card, if it is at hand.

2 Benefits check
With the carrier, at no cost, usually within minutes by day.

3 Assessment
With a licensed clinician, the same day in many cases.

4 First day
Most people start within days, timed to the end of a detox or hospital stay.

Programs at Londonderry

Day Treatment (PHP)	Full clinical days on weekdays, home at night.
Intensive Outpatient (IOP)	By day, or Evening IOP from Monday to Thursday, 6 to 9 pm.
Outpatient Program	Weekly individual and group sessions. A common step down.
Medication-assisted treatment	Suboxone and Vivitrol with counseling, overseen by our Medical Director.
Dual diagnosis care	Anxiety, depression and trauma treated alongside substance use.

Insurance accepted

New Hampshire Medicaid
Through WellSense, NH Healthy Families and AmeriHealth Caritas NH.

Commercial plans
Ambetter, AmeriHealth, Anthem Blue Cross Blue Shield, Harvard Pilgrim, Point32Health and Tufts Health Plan.

Military and veterans
TRICARE and VA Community Care.

Not accepted
Medicare. Admissions helps Medicare members find a program that takes it.

A good fit

Medically stable adults, 18 and older, who need structure by day or in the evening, including patients continuing medication-assisted treatment and patients with anxiety, depression or trauma.

Detox first

We do not provide detox. Admissions helps a patient who still needs medically supervised withdrawal get into a detox program, then plans the first day with us.

Not a fit

Patients who need 24-hour care or a psychiatric bed, and anyone under 18. We have no residential beds and no crisis unit.

1D Commons Dr, Units 21 & 22, Londonderry, NH 03053
Off Route 102 at I-93 Exit 4, serving Manchester, Nashua, Salem and Derry. Office hours Monday to Friday, 8 am to 5 pm. The admissions line is answered around the clock.

Good to know
Joint Commission accredited and LegitScript certified. Medical Director: Richard Marasa, MD, board certified in Addiction Medicine.

Substance use treatment records are protected by 42 CFR Part 2. Please call admissions before sending records, and do not send clinical details by ordinary email. Updates to a referring provider need the patient's written consent.