CLEAR STEPS RECOVERY

Referral sheet for discharge planners and case managers

Outpatient addiction treatment in Needham, Massachusetts

Step-down care for adults leaving a hospital, a detox or a residential program. All MassHealth plans are accepted.

To refer a patient, call

(603) 769-8981

Answered 24 hours a day, 7 days a week.
You or your patient can call, before discharge.

1 Call
A first name, a callback number and the insurance card, if it is at hand.

2 Benefits check
With the carrier, at no cost, usually within minutes by day.

3 Assessment
With a licensed clinician, the same day in many cases.

4 First day
Most people start within days, timed to the end of a detox or hospital stay.

Programs at Needham

Day Treatment	Full clinical days on weekdays, home at night. Plans may call it partial hospitalization.
Evening Treatment	Monday to Thursday, 6 to 9 pm, for adults who work or study by day.
Outpatient Program	Typically one individual and one group session a week. A common step down.
Medication-assisted treatment	Suboxone and Vivitrol with counseling, overseen by our Medical Director.
Mental health track	Anxiety, depression and trauma treated alongside substance use.

Insurance accepted

MassHealth, all plans
WellSense, Fallon Health, Mass General Brigham, Tufts Health Together and MBHP (PCC Plan, Community Care Cooperative, Revere Health Choice).

Commercial plans
Harvard Pilgrim, Mass General Brigham Health Plan, Optum, Point32Health, Tufts Health Plan and UnitedHealthcare.

Military and veterans
TRICARE and VA Community Care.

Not accepted
Medicare. Admissions helps Medicare members find a program that takes it.

A good fit

Medically stable adults, 18 and older, who need structure by day or in the evening, including patients continuing medication-assisted treatment and patients with anxiety, depression or trauma.

Detox first

We do not provide detox. Admissions helps a patient who still needs medically supervised withdrawal get into a detox program, then plans the first day with us.

Not a fit

Patients who need 24-hour care or a psychiatric bed, and anyone under 18. We have no residential beds and no crisis unit.

392 Chestnut Street, Suite 200, Needham, MA 02492

Near the Needham Junction commuter rail stop and a few minutes from Route 128/I-95. Free parking on site. Office hours Monday to Friday, 8 am to 5 pm. The admissions line is answered around the clock.

Good to know

Joint Commission accredited and LegitScript certified. Licensed by the Massachusetts Bureau of Substance Addiction Services. Medical Director: Richard Marasa, MD, board certified in Addiction Medicine.

Substance use treatment records are protected by 42 CFR Part 2. Please call admissions before sending records, and do not send clinical details by ordinary email. Updates to a referring provider need the patient's written consent.